Feel Good

Seven things you can do to help the planet

We are working to make our destination more eco friendly but we need your help. We can all reduce our impact on the environment by making choices. As a visitor you have a very important role to play in helping us to conserve our natural assets and to become a more sustainable destination. Here are our recommended tips on how you can help:

Conserve Energy

Reduce energy by switching off lights and closing windows if the heating is on. the energy saving trust provides information on what you can do at home.

www.energysavingtrust.co.uk

Give the car a rest

Leave the car behind for a day. Walk, cycle or use public transport. We will happily provide you with this advice.

www.milards.org (for cycle hire) www.buses.gg (HCT Bus Group)

Shop Local

Use local products – they give you a flavour of the area and help support local communities. Try Guernsey Gache, our special fruit loaf, enjoy Guernsey milk and butter and buy local flowers to take home. Ask us about our local products.

Reduce, Reuse, Recycle

Try to avoid overly packaged goods and say no to that extra carrier bag. You can support us in our efforts to recycle – please ask the staff for more details.

www.gov.gg/recycle www.guernseyrecycle.org.uk

Be Water Wise

Guernsey always has to be careful with water usage so please use water wisely. Turn off the tap when brushing your teeth and adhere to towel policies or other water saving initiatives.

www.water-guide.org.uk

Respect Nature

Help us to look after the landscape and wildlife by not littering, guarding against fire and using footpaths and cycle ways responsibly. Ensure you follow the Countryside Code. Take the chance to get close to nature and enjoy a taste of adventure with kayaking and coasteering with Outdoor Guernsey.

<u>www.countrysideaccess.gov.uk</u> <u>www.outdoorguernsey.co.uk</u>

Support Green Business

There are thousands of business in the British Isles working to reduce the carbon footprint through the Green Tourism Business Scheme. Businesses are rewarded Bronze, Silver and Gold for their efforts to be more sustainable.

www.greenbusiness.co.uk



BEST WESTERN

Moores Hotel

BEST WESTERN Hotel de Havelet

Les Rocquettes Hotel





Going Green Appendix

Sarnia Hotels are three family owned hotels all based in Guernsey. We value our island heritage and are working to reduce our impact on our environment and we recognise the need to play our part in the local community. Moores and Hotel de Havelet are members of Green Tourism and both currently hold their silver award.

Some of the measures we have introduced so far include:

- We monitor our energy and water use
- Having double or secondary glazing in place in most of the hotel to reduce heat loss
- Using energy saving light bulbs (LED or low energy) in most public areas of the hotel
- 75% of our rooms have Mira eco water saving shower heads
- Individual thermostatic controls in most bedrooms and bathrooms
- Only leaving essential internal lighting on at night
- Recycle paper, cardboard, tins, plastic bottles, glass, used cooking oil, milk and juice cartons, batteries and printer cartridges
- Using the minimum amount of packaged portion items
- · Reusing paper for internal documents and note taking
- Installing refillable dispensers for shampoo/shower gel reducing packaging
- Introduced Aqueous Ozone cleaning system
- Solar Panels are used to heat the swimming pool (Hotel de Havelet)
- Bromine used in the swimming pool as opposed to chlorine (Hotel de Havelet)
- We buy local produce whenever possible and use local trades people for refurbishing and upgrading whenever possible
- Installed high speed, low energy hand dryers in the majority of our rest rooms
- Only running dish washers and glass washers with full load
- We have information on the public bus services and can also arrange cycle hire and have secure cycle storage for guests
- We participate in annual beach cleans with a local Cub Scout group
- Introduced environmental awareness into our staff induction programme
- The main kitchen at Moores had a full refurbishment and we installed energy saving equipment including induction hobs, combi rational ovens, a pressurised bratt pan and an energy saving grill
- Replaced our main boiler with more efficient condensing boilers
- We support Floral Guernsey, the healing Music Trust and junior badminton as well as local schools and charities
- Developed on site gardens growing our own herbs
- We collect used stamps and change for action aid and we support the Tumaini fund for orphans in Tanzania
- We support WaterAid with its clean water project by offering Belu water

For the next level

We are constantly looking at ways to increase our sustainable purchasing and supplier screening procedures. We regularly re-visit our recycling options giving preference to measure aimed at eliminating or reducing waste.





